Washington Senior Center News

January-February 2020
Vol. 33 No. 1
Washington Depot,
Connecticut 06794

UPCOMING LUNCHEONS

Happy New Year!

Tarot Card Reading
Have fun finding out what’s in the cards for you in the New Year!
On January 16th at 1p.m. we will have a medium conducting tarot card readings just for you. Come join the psychic fun.
Lite fare and refreshments will be served.
Reservations required
Snow date: Friday, January 17 @ 1.

Washington Warren Food Bank
Please note: For the month of January only – food distribution will be on the 2nd & 4th Thursday. That will be January 9 & 23.

Save the date!! Thursday, March 12

Corned Beef & Cabbage

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UPCOMING LUNCHEONS

Wednesday,
January 15 at noon
Homemade Soup and Sandwich
Cost: $6.00. Please call the Center by January 10 to sign up.

Wednesday,
February 19 at noon
Honey Dijon Pork Tenderloin, roasted potatoes, vegetable, salad, and dessert.
Cost: $6.00. Please call the Center by February 14 to sign up.

Senior/Community Center Discussion
Tuesday, January 14 at 4:00pm at the Senior Center
The Washington Senior Center Advisory Board would appreciate community feedback as it relates to the next steps in planning for a new Senior/Community Center. There will be a presentation and then a discussion on the project.
The Washington Senior Center News is published bi-monthly and is mailed to all known seniors in the town of Washington. Call the Center at 860-868-0735 for additions to the mailing list.

Contributions of articles or items for publication may be sent to the Senior Center at PO Box 352, Washington Depot, CT 06794, or emailed to seniors@washingtonct.org

Pam Collins  Editor
Brighid Davidson  Assistant Editor
Brighid Davidson  Mailing
Susan Conner  Mailing
Diane Locke  Mailing
Betty Hinckley  Mailing
Joan Stevens  Mailing
Sam Morrissey  Design

Pam Collins  Senior Center Director & Municipal Agent for the Elderly & Disabled
Jim Babiyan  Van Drivers
Ray Kramer  Volunteer Staff
Sam Morrissey  Website
Ron Smith  Sara Guillemette
Joan Stevens  John Gueniat
Diane Williams  Dan Condon
Laura Cannavero  Joan Lodsin
Kathy Johnson  Alternates
Bala Balendra  Vemala Balendra
Pam Collins  Ex Officio

The Senior Center Advisory Board meets on the second Tuesday every other month. Attendance at the meetings is open to all.

Municipal Agent Pam Collins is available to help with Medicare or for information on financial assistance programs. Call for an appointment.
Phone: 860-868-0735

Litchfield Hills Chore Service
Could you use help with:
- Transportation to shopping and doctor’s appointments
- Housekeeping, laundry or cooking
- Odd jobs around the house or yard

Call the Chore Service – an affordable way to get the help you need. We will supply a Chore Worker for up to 41/2 hours per week. This service is available to people age 60 and over and individuals with disabilities. A 501(c)(3) organization, we appreciate your donations: P.O. Box 294, Litchfield, CT 06759.
Coordinator, Sally Irwin – 860-567-6121
*Gift Certificates now available!!!
Website: ChoreServiceLH.org

Property Tax Relief Program
Dates to apply: Homeowner: 2/1 – 5/15
Renter: 4/1/- 10/1
Age: 65 or disabled
Couple: $43,900
Single: $36,000

Town of Washington tax relief program:
Couple: $45,500
Single: $37,400

For more info or to apply, call the assessor’s office at 860-868-0398.
*Homeowners who have been on the State program must reapply every two years and applications will be sent to them.
Homeowners who are only eligible for the Town of Washington tax relief program, must apply annually.

Heating Season Is Here Again…..
To apply or for eligibility information on the energy assistance program, call
868-0735.

CANCELLATIONS DUE TO WEATHER

All Senior Center activities will be cancelled on days when Region 12 schools are closed due to hazardous travel conditions. Also, School Delays = No A.M. Activities
Early Dismissals = No P.M. Activities
School closings, delays and early dismissals are announced on local radio and TV stations.
Senior Center Computer
A computer is available for Internet use - please call to reserve a time.

2018 Curbside Recycling Schedule
South of Rt. 109: January 6 & 20 and February 3 & 17.

Web Sites of Interest:
- Military Onesource: 24hr website dedicated to serving active duty military and their families. Some services available are benefits & resources, training resources, deployment, separation & transition, moving & housing resources, financial & legal help, health & wellness and much more: militaryonesource.mil
- Understanding Nursing Home Abuse & Neglect/Legal Options, etc.: nursinghomeabuse.org or call 877-934-0559.
- State Health Insurance Assistance: shiptalk.org.
- Assistance with Job Search & Training Programs for Seniors & Retirees: retirementjobs.com, workforce50.com and experienceworks.
- Washington Senior Center Web Site: washingtonct.org

Meetings of Town Boards and Commissions
Regular meetings of Town boards and commissions are open to the public. Meeting dates, times, agendas and minutes to meetings are listed on the Town Calendar which is posted on the bulletin board outside the Town Clerk’s office and on the Town website: washingtonct.org

PERSONAL MEDICAL INFORMATION FORM
Here is a way to keep your vital medical information one place at your fingertips for when it is needed

Forms are available at the Senior Center. Keep the form where it will be readily available (attach to refrigerator with magnet) for use in an emergency or for a doctor’s visit.
PROGRAM NOTES

Exercise *(moderate impact aerobics video)* meets **Monday, Wednesday & Friday at 9:00 a.m.** No fee. Come as often as you please.

**CHAIR YOGA – Wednesdays, at 10:30.** Cost: $5 per class

**Zumba (video) – Thursdays at 8:30.** No fee. Come as often as you please.


**MAT PILATES – Thursdays at 10:30. FIRST TWO LESSONS FREE!** Cost: $30 for 6 weeks.

Technology Help for Seniors - Tuesday afternoons by appointment only.

Bridge – Tuesdays at 1:00. New Players welcome!! Please call the Center.

Pinochle?? If interested, Call the Senior Center.

**Luncheons:** Wednesday, January 15 - Homemade Soup & Sandwich. Cost: $6.00.
Please call the Center as reservations are required

From the Archives of the Gunn Historical Museum – The readings are held on the first Monday of the month at 10:00. Museum curator, Stephen Bartkus, will be reading research papers from the museum’s archives, sharing photos, stories and reminiscing about Washington’s history. The next meeting will be held on **Monday, January 6.**

Please note: there is an alternating schedule between the Museum Readings and the History Group meetings.

**WASHINGTON HISTORY CLUB** – The meetings are held on the third Monday of the month at 10:00. The next meeting will be held on **March 16.**
The topic: “Hotels, Taverns and Inns. Dozens of places offered lodging in town and employed many residents over the years. Bring your memories, stories, photographs, and objects to share! Everyone is invited to attend this free program.

(Senior Van) Painted Pony – Tuesday, January 21.
Snow date: Wednesday, January 22. Van leaves at 11:30.
Call the Center for reservations.

IMPORTANT! When you see a program that interests you, please call to register, whether the program is being offered for free or a fee. Some programs fill quickly and others may unfortunately be cancelled if minimum enrollments are not met.
## January

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TRIPS FOR 2020
Seven Angels Theatre

Weekday Matinees – reservations and money must be received 2 weeks prior to matinee

Love & Spumoni
It’s the 1980s in Waterbury and teenager Mary Lou has the big hair, the big Italian family, and her first big crush! When she spots Anthony, a handsome black student at Sacred Heart High School, it’s love at first sight. Can she win the boy of her dreams AND get her family to see that love is color blind? Based on the true story of Waterbury’s own Mary Lou Piland, who became a viral sensation when she told her story on The Moth Radio Hour, come enjoy a Connecticut premier from the creator of “I Loved, I Lost, I Made Spaghetti”.

Thursday February 13  2:00  $35.00

Always a Bridesmaid
If you’ve ever elbowed a stranger out of the way to catch a bride’s bouquet, questioned the mental stability of the duo saying “I do”, or been forced to wear the world’s ugliest bridesmaid dress, this deliriously funny comedy is definitely for you! “Always a Bridesmaid” is the rollicking tale of four loyal women determined to keep a promise they made the night of their Senior Prom: to be in each other’s weddings! Hop on this marriage-go-round as they navigate the choppy waters of love and matrimony. Just how far are you willing to go to keep a promise to a friend?

Thursday March 26  2:00  $35.00

The Wedding Singer
It’s 1985 and love is sure to find a way in this hysterical smash hit musical! Based on the hit Adam Sandler movie, get ready for big laughs, big dancing, and a rockin’ good time! Follow the down and out Robbie as he struggles to overcome being left at the altar. Luckily, the real girl of his dreams is out there and he is ready to fight for her like no other. Another awesome Seven Angels musical produced just for you!

Thursday May 14  2:00  $35.00

Tuesday, April 14– Tom Jones & Englebert – The Way It Used To Be!! at Aqua Turf
Sit back, close your eyes and be transported to great moments in musical history. From Delilah to Release Me, you’ll enjoy every second of this powerful tribute to these unforgettable entertainers.

Today’s family style luncheon includes salad, pasta, chicken kathryn, baked ham, potato, vegetable & dessert. Cost: $45 per person.

The Best of Bar Harbor
May 26 - 29
This 3 day trip includes transportation, hotel accommodations, admissions where applicable, 6-meals (3 continental breakfasts & 3 dinners), Frenchman’s Bay Boat Cruise, Lumberjack Show, taxes & baggage handling and gratuities for driver and Getaway Tour Director.
Cost: $800 PP Double  $1040 Single  $770 PP Triple

Historic South – Savannah, GA & Charleston, SC
April 18 - 25
This 8 day trip includes transportation, hotel accommodations, admissions where applicable, 14-meals (7 continental breakfasts & 7 dinners), taxes & baggage handling and gratuities for driver and Getaway Tour Director.
Cost: $1745 PP Double  $2185 Single  $1685 PP Triple

Itineraries available in office upon request

RECEIVE THE SENIOR CENTER NEWSLETTER VIA EMAIL
In order to reduce cost and save paper, the Senior Center would like to send as many newsletters electronically as possible. Please help us to achieve this goal by calling the Center and providing your email address. It will be greatly appreciated!!!! Thank you in advance!!
Please patronize our Supporters, who are in part responsible for our publications
Rebuilding Together of Litchfield County
This is a local branch of a national nonprofit organization that provides emergency and home-modification needs of older homeowners, or families with young children who lack the means to make necessary repairs. Projects include roofing, carpentry, plumbing and all sorts of repairs that help to keep homes warm, safe and dry.
Skilled professional volunteers provide much of the labor and donated supplies help to make the projects possible.
For more information, visit rebuildinglitchfieldcounty.org or call 203-240-9666.

Do you have Medicare questions or concerns regarding:
- 2020 Part A and B deductibles and Part B Premium increases
- Medigap/Medicare Supplement Plans
- Understanding Medicare Advantage Plans
- Prescription Drug Plans
- Do you qualify for state assistance with Part B premiums and copays through the Medicare Savings Program?

Dan Condon, New Preston resident and licensed CT insurance agent specializing in Medicare will be available by appointment to answer questions. This is for educational purposes only
Call the center for an appointment.

UNLESS OTHERWISE STATED, ALL INTERESTED PARTIES ARE WELCOME AND ENCOURAGED TO ATTEND ANY PROGRAMS AND ACTIVITIES AT THE WASHINGTON SENIOR CENTER.

THE WASHINGTON SENIOR CENTER
Hours: 9:00-12:00 and 1:00-4:30 Monday through Thursday
9:00-12:00 on Friday
Phone & Fax: 860-868-0735  e-mail: seniors@washingtonct.org
Please visit the Senior Center web site at: washingtonct.org

Box 352
Washington Depot
CT 06794
CHANGE SERVICE REQUESTED