



New Milford Department of Health

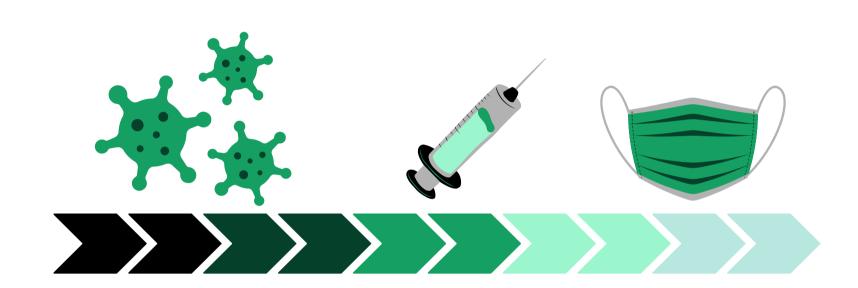
COVID-19 RECOMMENDATIONS: COMMUNITY

December 8, 2021



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NEW MILFORD DEPARTMENT OF HEALTH



COVID-19 Recommendations









Get your COVID-19 vaccine and your Booster shot (if eligible) Quarantine for 10 days if exposed (unvaccinated)

Wear a mask in public, crowded places, and at social gatherings.
Required in healthcare setting, schools, daycares, nursing

homes, and prisons

Get tested if you are experiencing COVID-19 symptoms

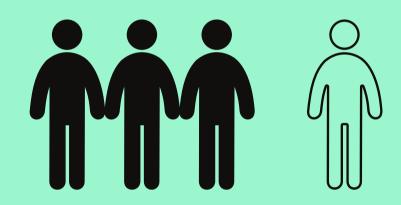
Stay home if you are not feeling well

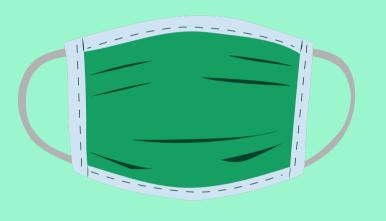
DEFINITIONS











Close Contact

Someone who was less than 6 feet away from sick person for a cumulative total of 15 minutes or more over a 24-hour period.

Quarantine

Keeps someone who was in close contact with someone with COVID-19 away from others.

Isolation

Keeps someone who is sick or tested positive for COVID-19 without symptoms away from others, even in their own home.

Mask Wearing

Covers nose and mouth and fits tightly on face.

COVID-19 VACCINE ELIGIBILITY

PRIMARY SERIES:

Pfizer: Ages 5+

Moderna: Ages 18+

Johnson & Johnson: Ages 18+

BOOSTER:

Pfizer: Ages 16+; 6 months after 2nd dose

Moderna: Ages 18+; 6 months after 2nd dose

Johnson & Johnson:

Ages 18+; 2 months after last dose



QUARANTINE GUIDELINES

UNVACCINATED:



Monitor symptoms

Isolate if you develop COVID-19 symptoms or test positive

VACCINATED:

Fully vaccinated people do not need to quarantine if they are exposed to COVID-19.

Get tested 3-5 days after exposure

Wear a mask when around others for 14 days

Isolate if you develop COVID-19 symptoms or test positive